

## **Borokhon nuhikhena bishi sukha somoi tae kuriboleh aru nukuribo khan**

### **Kuriboleh khan**

- Hawa pani kobor khan lagah jankari khan pabo karoneh, radio, TV aru newspaper khan somoi tae puribi nahoileh sabi.
- Pani jamah kuriboh leh shikhibi.
- Pani nikhera moinah agotae, pani jama kuria pukhuri khan ponailobi.
- Pani khan kinika pachabo lagah programmes khan teh participate kuribi.
- Pani ghor khan teh cholah khan toh nipalabi aru etu pani khan toh jama kurikhena, phool nahoileh sobji khan teh dibi.
- Kusol khura somoi teh shower nohoikhena bucket hei cholabi.
- Apni floor khan sapah khora somoi teh, running water nahoikhena kabra bicha para hei sapah kuribi.
- Apni toilet pona somoi teh, flush kuntoh para pani komti cholaboh etu hei talibi.
- Somoi teh saitakiboh leh laghe ki, tanks aru taps khan leak ase nah nai.
- Parathak pani toh reuse kuriboleh kushis kuribi.
- Parathak pani toh morom parah cholaboleh kushis kuribi. Apni khan lagah gore teh guwa takhelehbhi, parathak pani toh hisab cholabi.
- Ghas khan parathak lagaboh leh shikinoh leh laghe – subabul, seemaruba, casurina nahoileh eucalyptus khan nisenah.
- Jatropha nahoileh pongomia kuntu bio diesel ghas khan ase, etu khan bi promote kuriboleh kushis kuribi.

### **Nukoriboh khan**

- Pani misa misi teh nipilabi.
- Parathak ghas, jongal khan nakatibi, morom kuribi.
- Pani kiria jamah kurah khan misa misi teh nucholabi.
- Chotu moto gham karoneh teh toh bucket aru mug para hei cholabi.

## **Borokhon nuhikhena bishi sukha somoi tae kheti tae kuriboleh aru nukuribo khan**

### **Kuriboleh khan**

- Borokhon huwa somoi teh, pani jama kuribi. Pani jama kuria nium khan – farm ponds, community tanks, watersheds aru pools khan nishinah ponaboleh laghe.
- Pani nikhera moinah agotae, pani jama kuria pukhuri khan ponailobi.
- Pani bishi nalagha bijon goti khan department logotae alusnah kurikhena jolabi.
- Mati tae pani phet nusokhibo karoneh, pani bishi nalaghah grasses, shrubs aru ghas khan lagabi.
- Kheti tae pani dibo karoneh apni khan parishe koileh, sprinkler nahoileh drip lagah method tae pani sobji khan tae dibi. Parathak pani toh sham tae dibi.
- Pani jama kuriboleh kisim alag, alag cholabi.
- Apni lagah pani thaka hisab tae sobji khan tae pani somoi tae dibi.
- Kheti tae habi khan toh pilabi, aru etu habi khan toh ula bichedeh sobji lagah ghas nichedeh rakhibi, pani phet nusokhiboh karoneh.
- Borokhon kiria moinah tae thik somoi tae kirianai nuhoilehbi bishi sukha somoi tae apni etu hawa pani lagah hisab tae sobji khan toh lagabi.
- Borokhon nuhikhena bishi sukha somoi tae, bijon kuti khan jolti bakijah khan aru pani bishi nalaga khan jolabi.
- Kheti kuria khan bi enika somoi tae mulching(Sobji ghas lagah nichedeh pata sukha nahoileh straw khan bichabi, mati lagah phet nusokiboh karoneh ), habi khan somoi tae bilai takiboh leh laghe.
- Ghas khan parathak lagaboh leh shikinoh leh laghe – subabul, seemaruba, casurina nahoileh eucalyptus khan nisenah.
- Saboleh laghe ki guru khan kaboleh pata khan thik ase nah nai.
- Pukah khan komti / control kuriboh karoneh Integrated Pest Management (IPM) cholabi.
- Farmers khan parathak Crop Insurance khan cholaboh leh kushis kuribi.
- Antitranspirants khan like kaolin (6%), Cycocel (0.03%), Phenyl Mercuric Acid (PMA) khan parathak cholabi.
- Fertilizer khan enika sukha somoi tae, komti cholabi.

### **Nukoriboh khan**

- Enika sukha somoi tae, bijon kuti khan pani bishi lagah khan toh nulaghabi, aru morning somoi tae sobji khan tae pani nedhibi, sham tae hei tibi.